

Making a Spiritual Communion on Maundy Thursday

The following prayers are for those who cannot, because of current restrictions on public gatherings, be present at Calvary Episcopal Church, Americus, Georgia to receive the Blessed Sacrament of our Lord Jesus Christ on Maundy Thursday.

The prayers are to be offered in conjunction with the livestream of the Maundy Thursday Liturgy, beginning at 7:00 pm.

Before the online service begins, meditate on all that Jesus did on this night: the gathering with his disciples, his words to them, the foot washing, the Last Supper, his agony in Gethsemane, the betrayal, arrest and imprisonment.

Prayerfully and attentively follow the Liturgy as it is presented.

At the Offertory as the Altar is being prepared, meditate on Christ's Gift of the Holy Eucharist offered on the Altars of the Church. Remember Jesus' words, *If any love me, they will keep my words, and my Father will love them, and we will come to them and make our home with them.*

After the Celebrant says

The Gifts of God for the People of God. How blessed we are to be invited to the Supper of the Lamb!

say,

Lord, I am not worthy to receive you; but only say the word and I shall be healed.

Act of Reception

Then pray,

Lord Jesus Christ, saving victim, Priest divine, in Union with the faithful at every altar of your Church where your blessed Body and Blood is being offered to the Father, I desire to offer you praise and thanksgiving. I believe that you are truly present in the Holy Sacrament of the Altar. I adore you and I love you. To you I offer myself, my soul and my body. Since I cannot now be present at the Holy Eucharist and receive you sacramentally, I most earnestly desire to partake of you, my Lord, spiritually. Come to my poor soul and unite yourself to me + through your life-giving Spirit. My heart rejoices in you and I embrace you with all my affection. Conform my will to the pattern of your perfect obedience, so that loving all that you love, I may never be separated from you, but live and die in your Love. Amen

A Prayer for Grace

Then pray

Merciful Lord God, who feeds your unworthy servants with the Bread of Heaven that gives life eternal; so strengthen and sustain me, I humbly beseech you, by your most gracious gifts, that I may resist all the temptations of the world, the flesh and the devil, and walk before you in the Way your Son, our Savior, Jesus Christ, has gone before, that I may glorify your Holy Name; this we ask in the might of the Holy Spirit, for ever and ever. Amen.

An Act of Praise

And pray

Blessed, + praised, hallowed, worshiped and adored be our Lord Jesus Christ: on His throne of glory in Heaven, in the most Holy Sacrament of the Altar, and in the hearts of His faithful people everywhere. Amen.

Follow the remainder of the Liturgy prayerfully and diligently